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Project Title: **Education Hubs for Excellence in Midwifery**

Title of the document: **SafeMa Forum Report**

WP 3: Curriculum delivery, network building and research communities/ Task 2: SafeMa Network of Excellence / Deliverable: 3.4 SafeMa Forum

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Project Information

Project acronym: **SafeMa**

Project Title: **Education Hubs for Excellence in Midwifery**

Agreement number: **598946**

EU programme: **Erasmus +**

Project website: **safema-project.eu**

Prepared by:

Name: ReadLab

Position: Partners

Approved on behalf of SafeMa Quality Assurance Board



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1. Introduction

According to the SafeMa project, a virtual space would be created to bring together all participants of the SafeMa Network of Excellence. This space which would take the form of a forum needed to be an interactive one in order to allow participants coherent communication and simultaneous participation.

After careful consideration and having received feedback from the project partners, ReadLab suggested that this forum would take the form of a Facebook Group Page. There were many reasons that led to this type of Forum.

2. The use of Facebook Group page as a tool for delivering SafeMa Forum

First and foremost, Facebook is a tool that is easy and familiar to use in Europe, Asia and across the world. It is very popular among Asian students. Second, it can support all kinds of posts in English, Khmer and Vietnamese languages. This contributes to the broader engagement of the project's participants and allows greater participation without any form of exclusion due to language barriers. Additionally, it is user-friendly and easy to navigate, as most participants are familiar with its structure and function. Last but not least, it, provides admins with the possibility to invite directly all people who have already 'liked' the SafeMa Facebook page to join the forum. This way, a bigger number of participants was achieved.

3. Development of the SafeMa Forum

Thus, on 11 March 2021 ReadLab created the SafeMa Forum page. The Forum is developed as a private group, so that only the admins can allow participants to join. Thus, it is guaranteed that only people who are interested in the subject of Midwifery are allowed to join the group, and admins can delete members that have inappropriate behaviour or do not respect the Forums values that are explicitly mentioned in the Forum.

Photo 1 Print screen from SafeMa Forum

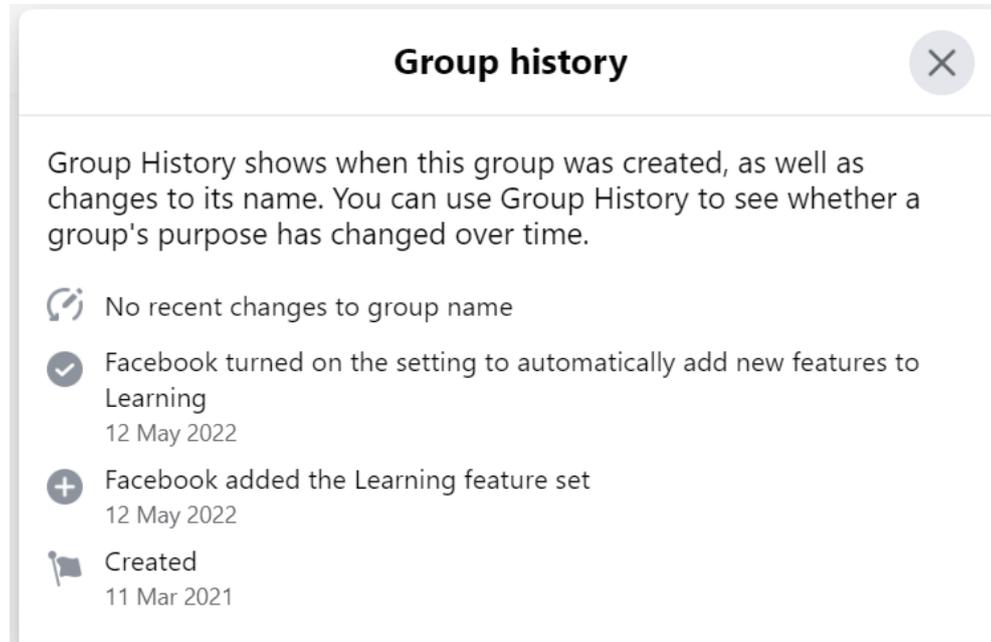


Photo 2 Print screen from SafeMa Forum

1 Respect everyone's privacy

Being part of this group requires mutual trust. Authentic, expressive discussions make groups great, but may also be sensitive and private. What's shared in the group should stay in the group.

All project partners were invited to join the Forum through a message on Basecamp, and they were constantly motivated to invite their peers and students to join the Forum. Additionally, people who were following the SafeMa Facebook page also received an invitation to join the Forum. Last but not least all partners introduced the Forum to people who had an interest in midwifery.

4. SafeMa Forum Participation

SafeMa Forum reached a large number of participants. The number of participants in November 2022 was approximately 280 people. That number still gets bigger everyday as new participants join the Forum.

Photo 3 Print screen from SafeMa Forum

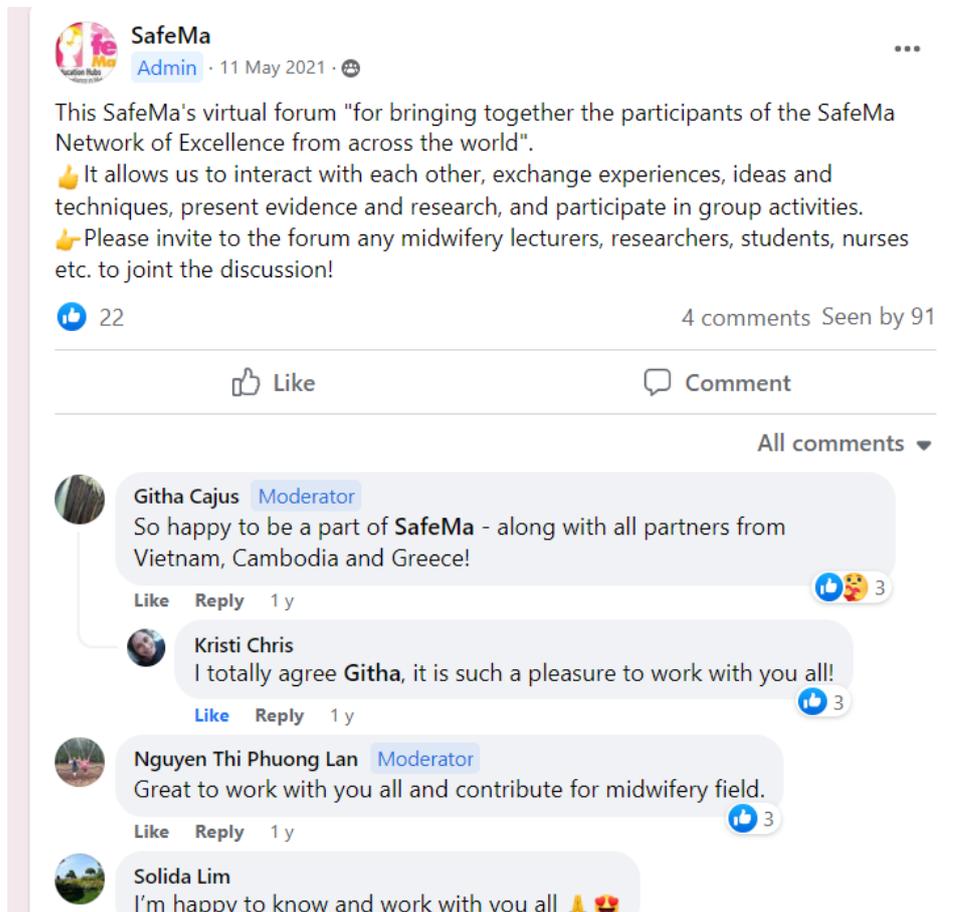


5. A space dedicated to midwifery

The idea behind the SafeMa Forum was to create a space for an exchange of dialogue among midwifery and experiences regarding the SafeMa educational programme, on the one hand. On the other hand, this forum would also serve as a space for the exchange of ideas, scientific articles and updates or news on the subject of midwifery. This way, the Forum serves its goal as a tool that facilitates communication among participants -students, interns, professors and academic staff- of the SafeMa Network of Excellence. And that was the case.

Not long after the development of the Forum, participants welcomed it and started to interact.

Photo 4 Print screen from SafeMa Forum



A number of articles, scientific reports, publications and research papers were shared among the SafeMa forum participants. Participants interacted with each other by commenting on the post or by asking questions as a comment. In this way, the SafeMa Forum contributed to the idea of a Network of Excellence that promotes the international academic and research community.

Photo 5 Print screen from SafeMa Forum

● The world needs 900,000 more midwives!
● Read the new UNFPA report: <https://www.unfpa.org/sowmy>
➡ What problems do midwives face in your country?
◆ Country report for Cambodia: <https://www.unfpa.org/.../en/sowmy-2021-profile-kh.pdf>
◆ Country report for Denmark: <https://www.unfpa.org/.../en/sowmy-2021-profile-dk.pdf>
◆ Country report for Greece: <https://www.unfpa.org/.../en/sowmy-2021-profile-gr.pdf>
◆ Country report for Viet Nam: <https://www.unfpa.org/.../en/sowmy-2021-profile-vn.pdf>



👍 13 Seen by 93

Photo 6 Print screen SafeMa Forum

 **Githa Cajus** shared a link.
 Moderator · 25 May 2021 · 🌐

<https://www.mededpublish.org/manuscripts/3881#sharebox>
 Lecturers from UCN midwifery just published this article on teaching epistemology to support evidence-based practice in midwives. It sounds complicated, and that it is. Teaching this subject demands reflective practice-based learning. Students apply different "lenses" when analyzing video-based case-situations and apply new knowledge in the understanding of different scientific perspectives and approaches. Groupwork, reflection and lecturers as facilitators are at the centre of the teaching. Please feel inspired 😊

👤 Ingrid Jepsen 👤 Lene Toxvig
[#evidencebasedpracticeinmidwifery](#)
[#ucn](#)
[#jordemoderuddannelse](#)
[#midwiferyeducationTeaching](#)



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Photo 7 Print screen SafeMa Forum

COVID-19 and Midwifery 🧑🏻🧑🏻🧑🏻

COVID-19 has altered healthcare and services around the world; changes have affected women, newborn infants, families, and staff.

Restrictive practices have been introduced in maternal and newborn care that limit women's decisions and rights of women and newborn infants, including restrictions on the place of birth, continuity of care, and mother-baby contact.

See the Webinars developed by the SafeMa project: <https://safema-project.eu/site/en/proj...> See more



SAFEMA-PROJECT.EU

SafeMa : Erasmus+

The SafeMa project aims to create a new postgraduate programme in Advanced Midwifery Pra...



Seen by 41

Photo 8 Print screen from SafeMa Forum

New roadmap on putting nurses and midwives at the heart of policy discussions by WHO/ Europe
👇👇👇
'Building better together: Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region' (2021)



EURO.WHO.INT
WHO/Europe launches new roadmap to strengthen nursing and midwifery in the Region
WHO/Europe has launched a new roadmap to support countries in the WHO European Region in strengthening the nursing and midwifery professions, emphasizing the importance of placing nurses and midwives on the politic...

👍 You and 2 others 1 comment Seen by 43

👍 Like 💬 Comment

All comments ▼



Πηνελόπη Κρουσάλη Author Admin
Building better together: Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery in the WHO European Region (2021) available at <https://www.euro.who.int/.../building-better-together.....> [See more](#)



EURO.WHO.INT
Building better together: Roadmap to guide implementation of the Global Strategic Directions for Nursing and Midwifery...

👍 Reply 43 w

Photo 9 Print screen from SafeMa Forum

Interesting article 'Ethiopia: How Ethiopia Improved the Quality of Maternal Care Through the Strengthening of Midwifery Training' by *Metasebia Dereje and Beti Baiye*

<https://nigeriahealthwatch.com/how-ethiopia-improved-the-quality-of-maternal-care-through-the-strengthening-of-midwifery-training/>



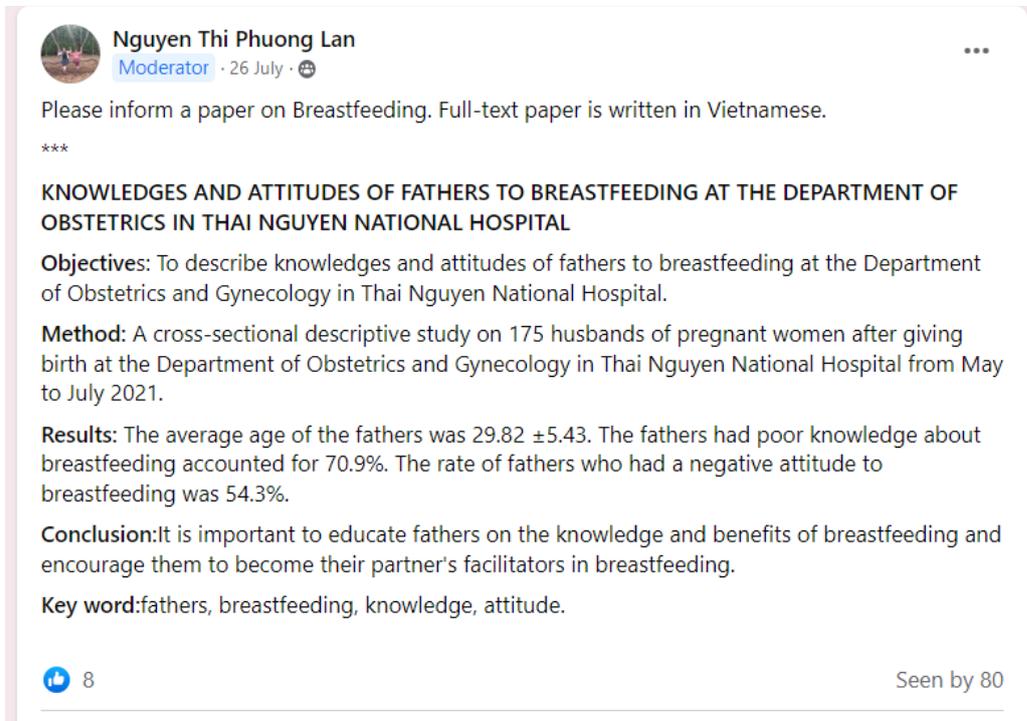
NIGERIAHEALTHWATCH.COM

How Ethiopia Improved the Quality of Maternal Care Through the Strengthening of Midwifery Training - Nigeria Health Watch

  6

Seen by 84

Photo 10 Print screen from SafeMa Forum



Nguyen Thi Phuong Lan
Moderator · 26 July · 🌐

Please inform a paper on Breastfeeding. Full-text paper is written in Vietnamese.

KNOWLEDGES AND ATTITUDES OF FATHERS TO BREASTFEEDING AT THE DEPARTMENT OF OBSTETRICS IN THAI NGUYEN NATIONAL HOSPITAL

Objectives: To describe knowledges and attitudes of fathers to breastfeeding at the Department of Obstetrics and Gynecology in Thai Nguyen National Hospital.

Method: A cross-sectional descriptive study on 175 husbands of pregnant women after giving birth at the Department of Obstetrics and Gynecology in Thai Nguyen National Hospital from May to July 2021.

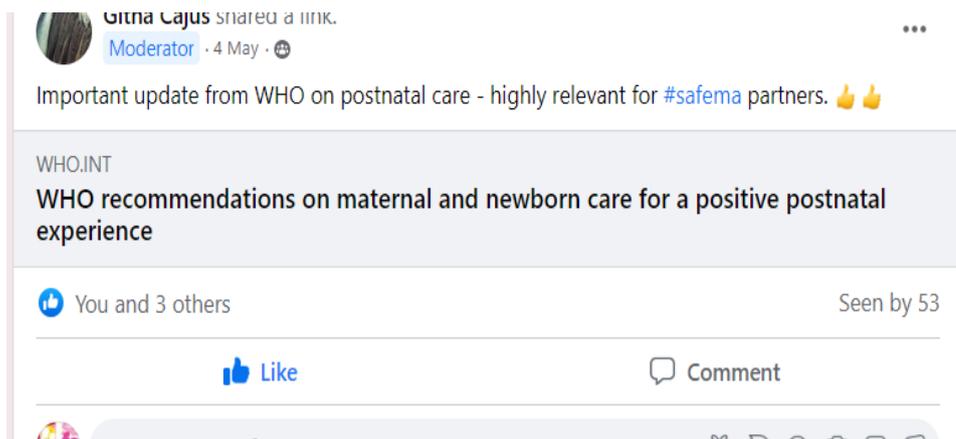
Results: The average age of the fathers was 29.82 ± 5.43 . The fathers had poor knowledge about breastfeeding accounted for 70.9%. The rate of fathers who had a negative attitude to breastfeeding was 54.3%.

Conclusion: It is important to educate fathers on the knowledge and benefits of breastfeeding and encourage them to become their partner's facilitators in breastfeeding.

Key word: fathers, breastfeeding, knowledge, attitude.

👍 8 Seen by 80

Photo 11 Print screen from SafeMa Forum



Gitna Cajus shared a link.
Moderator · 4 May · 🌐

Important update from WHO on postnatal care - highly relevant for #safema partners. 👍👍

WHO.INT
WHO recommendations on maternal and newborn care for a positive postnatal experience

👍 You and 3 others Seen by 53

👍 Like 💬 Comment

Photo 12 Print screen from SafeMa Forum

'As countries continue to rebuild their health systems following the COVID-19 pandemic, WHO/Europe urges governments to support and strengthen their nursing and midwifery workforce.'

On International Nurses' Day 2022, WHO/Europe is publishing a series of new snapshots from 13 countries in the Region presenting how they are supporting nurses' and midwives' education, service delivery, jobs, and leadership.'

Read more on  

<https://www.euro.who.int/en/health-topics/Health-system...> See more



EURO.WHO.INT

New country examples highlight efforts to advance nursing and midwifery professions in the WHO European Region

As countries continue to rebuild their health systems following the COVID-19 pandemic, WHO/Europe urges governments to support and strengthen their nursing and midwifery workforce.

 2 Seen by 60

 Like  Comment

 Comment as SafeMa       

Additionally, this Forum also worked as a channel through which SafeMa partners disseminated some of the activities that were related to the Hubs for Excellence or to the SafeMa educational programme or shared their experiences regarding them along with audio-visual material.

Photo 14 Print screen from SafeMa Forum



Photo 13 Print Screen from SafeMa Forum



Photo 16 Print screen from SafeMa Forum

 Sareviva shared a link. Admin · 17 May · 🌐

សេចក្តីជូនដំណឹង អំពីការជ្រើសរើសនិស្សិតចូលរៀនវគ្គសិក្សាបណ្តុះបណ្តាលបន្តស្តីពីការអនុវត្តន៍ជំនាញបង្កើនគុណវុឌ្ឍិរូប នៅសាលាបច្ចេកទេសថៃទាំង១៧ផ្នែកសាស្ត្រ នៃសាកលវិទ្យាល័យវិទ្យាសាស្ត្រសុខាភិបាល ចាប់ពីថ្ងៃជូនដំណឹងនេះរហូតដល់ថ្ងៃទី៣១ ខែឧសភា ឆ្នាំ២០២១។

Student Selection Announcement:
University of Health Sciences (UHS) would like to announce that the selection of students to study SafeMa Course under the project: Education Hubs for Excellent in Midwifery will begin from the announcement... [See more](#)

See translation



T.ME
Telegram: Contact @UHSEduKh

  11 Seen by 99

Photo 15 Print screen from SafeMa Forum

សេចក្តីជូនដំណឹង!

សាកលវិទ្យាល័យ អន្តរជាតិ មានកិត្តិយសនឹងសូមជម្រាបជូនដំណឹងដល់ បុគ្គលិកសុខាភិបាលទូទាំងរាជធានី ខេត្ត ជាពិសេសអភិវឌ្ឍន៍ស្ថិតិដែលបានបញ្ចប់ការសិក្សាលើជំនាញរូប កិលានុប្បន្តាក និងវគ្គបណ្ឌិតដែលកំពុងបម្រើការងារផ្នែកសម្ភពទាំងអស់ឱ្យបានជ្រាបថា ដោយមានកិច្ចសហការជាមួយសាកលវិទ្យាល័យនៅអឺរ៉ុប ក្រោមកិច្ចគាំទ្ររបស់កម្មវិធី Erasmus+ របស់សហគមន៍អឺរ៉ុប អនុវត្តនូវគម្រោងរួមមួយឈ្មោះថា SafeMa។

គម្រោងSafeMa នេះមានគោលបំណងបណ្តុះបណ្តាលនិងផ្សព្វផ្សាយនូវចំណេះដឹងជាន់ខ្ពស់ន...

[See more](#)



The poster features a woman and a child walking on a path, with the SafeMa logo in the top right corner. Text on the poster includes: "SafeMa Community Awareness Raising and Infodays", "Organized by International University", and "Phnom Penh, 12 June 2021". At the bottom, there are logos of various partner organizations and the Erasmus+ logo.

 23 1 comment Seen by 114



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Photo 18 Print screen from SafeMa Forum

SafeMa Course Delivery at SafeMa Hub of Excellence, International University, Cambodia.
#SafeMaProject
#EUFund
#IUCambodia



Photo 17 Print screen from SafeMa Forum

NATIONAL WORKSHOP: ADVANCE MIDWIFERY PRACTICE PROGRAMME

Co-funded by the
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TRẦN TRỌNG KÍNH MỜI
CORDIALLY INVITES

ĐIỀU PHỐI DỰ ÁN SAFEMA VIỆT NAM
Vietnamese coordinator board of SAFEMA

TRƯỜNG ĐẠI HỌC Y HÀ NỘI
Hanoi Medical University

HỘI THẢO QUỐC GIA
CHƯƠNG TRÌNH ĐÀO TẠO HỘ SINH NÂNG CẤP

Liên kết giữa Đại học Y Hà Nội và Bệnh viện Phụ sản Hà Nội
NATIONAL WORKSHOP: ADVANCE MIDWIFERY PRACTICE PROGRAMME

Organized by: Hanoi Medical University
Date: 19th October, 2021
Location: Hanoi Hotel, Giang Vo, Ba Dinh, Hanoi

CHƯƠNG TRÌNH

Thời gian	Nội dung	Thuyết trình
08:30	Khai mạc hội thảo - Welcome	GS. Nguyễn Hữu Hùng (Đại học Y Hà Nội)
09:00	Chuẩn năng lực quốc tế trong đào tạo Hộ sinh International confederation of midwife's core competencies for midwifery education.	Ths. Phạm Thị Thu (DH Điều dưỡng Nguyễn Trãi)
09:15	Chuẩn năng lực cơ bản của Hộ sinh Việt Nam (QĐ 342/QĐ-BYT ngày 24/1/2014) Core competencies of Vietnamese Midwives	Cô Phi Nguyễn Thị Ngọc (Bộ Y Tế)
09:30	Những điểm cần thay đổi trong đào tạo Hộ sinh Identify new trends and enhance skills to address Midwives Education challenges.	TS. Lưu Tuyết Nga (Đại học Y Hà Nội)
09:45	Sự đổi mới và cần thiết của thực hành dựa vào bằng chứng trong đào tạo hộ sinh nâng cao Innovation and necessary of Evidence based Practice in Advanced Midwifery Training	TS. Nguyễn Thị Ngọc (Đại học Y Hà Nội)
10:15	Giới thiệu về dự án SafeMa trong đào tạo hộ sinh và chia sẻ mô hình thực hiện tại Đại học Y Thái Nguyên Introduction SafeMa Program and sharing the implementation model at Thai Nguyen Medical University	Đại diện Đại học Y Thái Nguyên
10:30	Tea break	Các thành viên hội thảo
10:45	Triển khai chương trình đào tạo hộ sinh nâng cao SafeMa liên kết giữa Trường ĐHYHN và BV PSHN Implementing best practices program - SafeMa for improve competencies for Midwifery at HMCU and HOGH	Ths. Nguyễn Cẩm Nhung (Bệnh viện Phụ Sản Hà Nội)
11:25	Introducing the Massive Online Course for Midwives - MOOC-SafeMa (Open Learning Materials for Midwifery Training)	TS. Lê Ngọc Bích (Đại học Y Hà Nội)
11:55	Thảo luận - Discussion package training for Midwifery	Các thành viên hội thảo
12:00	Tổng kết và Bế mạc hội thảo Conclusion and closing	GS. Nguyễn Hữu Hùng (Đại học Y Hà Nội)
12:30	Lunch time	Các thành viên hội thảo

ĐIỀU PHỐI DỰ ÁN SAFEMA VIỆT NAM



Photo 19 Print screen from SafeMa Forum

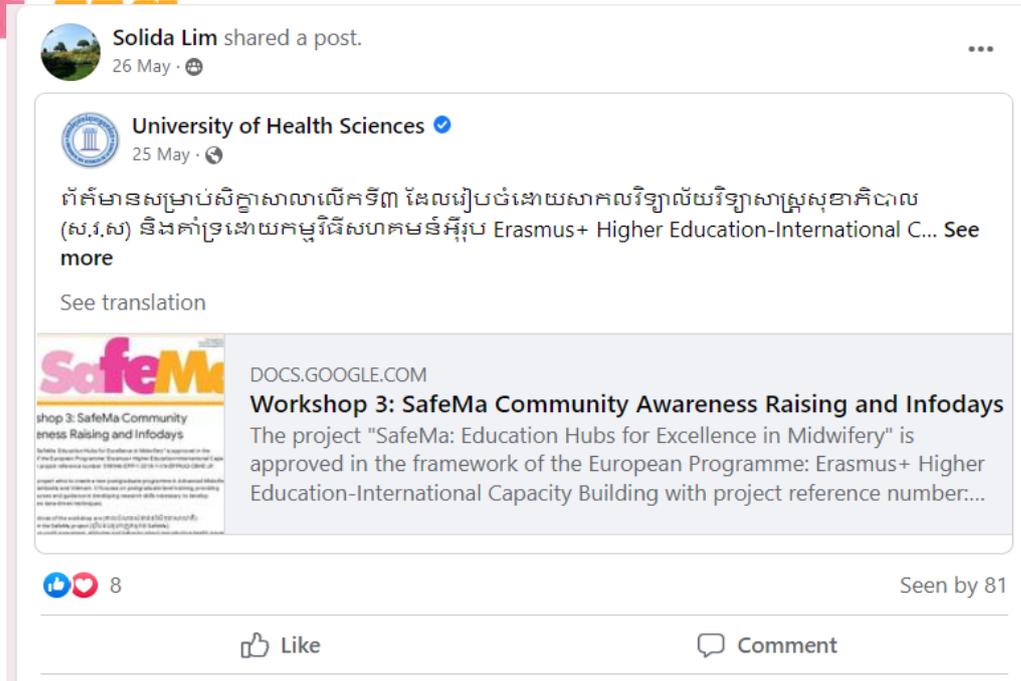


Photo 20 Print Screen from SafeMa Forum





Photo 21 Print screen from SafeMa Forum

សន្និសីទជាតិ ផ្តល់ការអនុវត្តល្អប្រសើរ លើវិជ្ជាជីវៈធូប (National Conference on the Best Practice in Midwifery) គាំទ្រថវិកា គម្រោងសហប្រតិបត្តិការសម្រាប់ការច្នៃប្រឌិត និងការផ្លាស់ប្តូរការអនុវត្តល្អការកសាងសមត្ថភាពក្នុង វិស័យឧត្តមសិក្សា (EU) KA2-Cooperation for innovation and the exchange of good practices– Capacity Building in the field of Higher Education (EU). Hosted by International University on the 1st October 2022, Time: 13:00-17:20. ទំនាក់ទំនង: ... See more

The poster is for a national conference on midwifery best practices. It features the SafeMa logo and logos of the Erasmus+ Programme and the European Union. The title is in Khmer and English. It lists speakers including Assoc. Professor Marie Hald Thorsrud and Dr. Kallopi Kalaitzi. It also mentions a Zoom link and contact information for IUI International University.

Photo 22 Print screen from SafeMa Forum

Admin · 13 October · 🌐

Dear all,

we are very pleased to invite you to tomorrow's Safema online workshop on 'Covid-19 and Midwifery' that ReadLab with the support of NKUA is hosting in the context of #ErasmusDays2022

To attend the online workshop please register at the following zoom link 📄📄📄

<https://us06web.zoom.us/j/91254202020>

See more

The announcement is for an online workshop organized by ReadLab. It lists the host as Pinelopi Kroustali and mentions key speakers like Claire Gourounti and Errika Kokkosi. It also includes logos for SafeMa, Erasmus+ Programme, and the European Union.



Photo 23 Print screen from SafeMa Forum

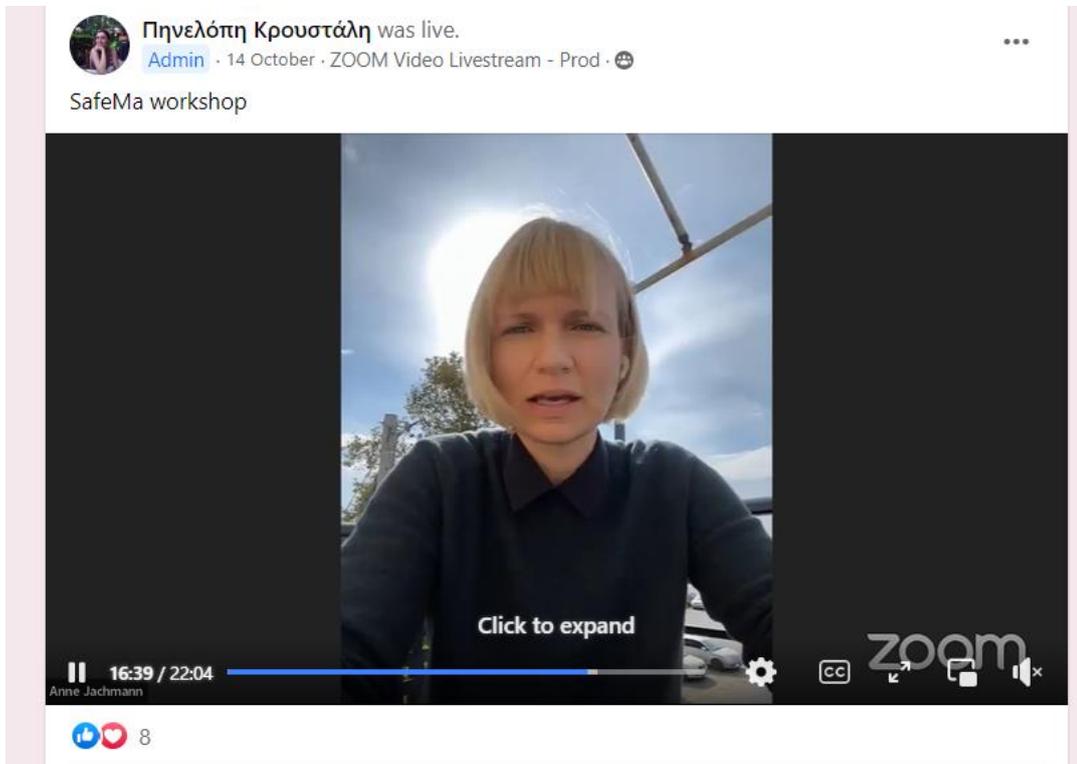


Last but not least, through the SafeMa Forum, a series of the SafeMa project activities were broadly disseminated through the option of live streaming via Facebook.

For example, the Workshop on Covid-19 and Midwifery was organised by ReadLab in October 2022 and reached 100 participants plus the people who were viewing the event the SafeMa Forum. This workshop was being broadcasted live on the SafeMa Forum with many people watching it lives at the same time from all around the world.

This was exactly the purpose of this Forum; to bring closer people related to midwifery whose interaction, due to distance or other barriers, is not easy. And to facilitate communication among them.

Photo 24 Print screen from the live streaming through SafeMa Forum



6. A Forum for sharing Experiences

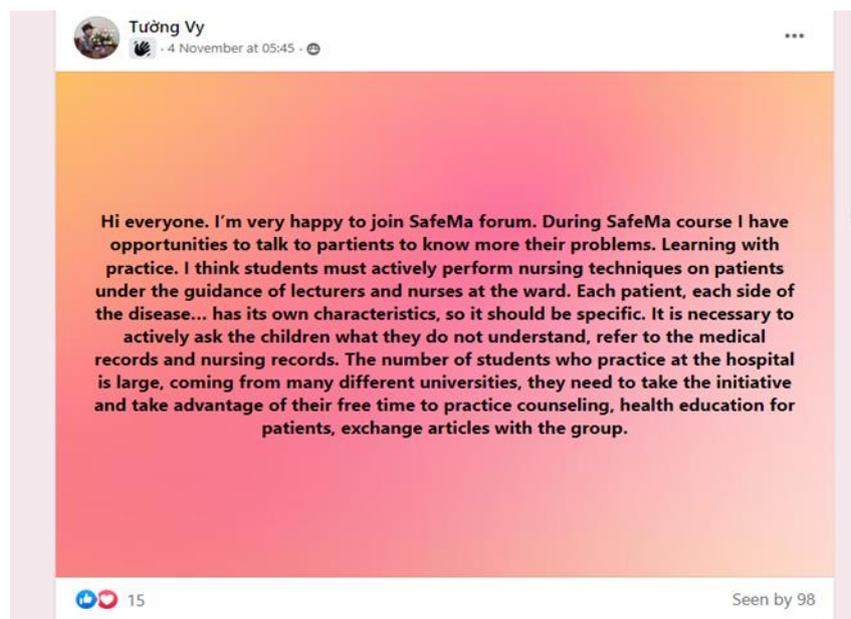
Last but not least, the SafeMa Forum was used by participants as a space for sharing their experience of the SafeMa SafeMa Course Delivery and, specifically, their internship experiences.

SafeMa Forum has created a familiar and safe environment for the participant's thanks to the constant effort of the admins, who on a daily basis were checking the content of the Forum and would make sure no inappropriate actions would take place and neither irrelevant content would be uploaded. This way, participants, even though they do not necessarily know each other, feel connected thanks to their common interests and backgrounds. Thus, opening up to such a big community and sharing their very personal experiences regarding their internship was an easy thing to do.

'I am very delighted that I successfully completed the SafeMa course of Nam Dinh University. When I was on rotation and on duty at the hospital, I was able to meet doctors, nurses and friends who studied medicine at other schools, and nurses who were doing internships. I quite enjoy connecting with people. Expanding relationships helps me understand and know more new knowledge (both professionally and in life).'

Those are the word of a participant on the SafeMa Course, who completed her internship thanks to SafeMa Project and gained, as she mentions important skills.

Photo 25 Print screen from SafeMa Forum



Below are some more examples of what the students wanted to share with the rest of the SafeMa Forum related to their internship.

Photo 26 Print Screen of SafeMa Forum

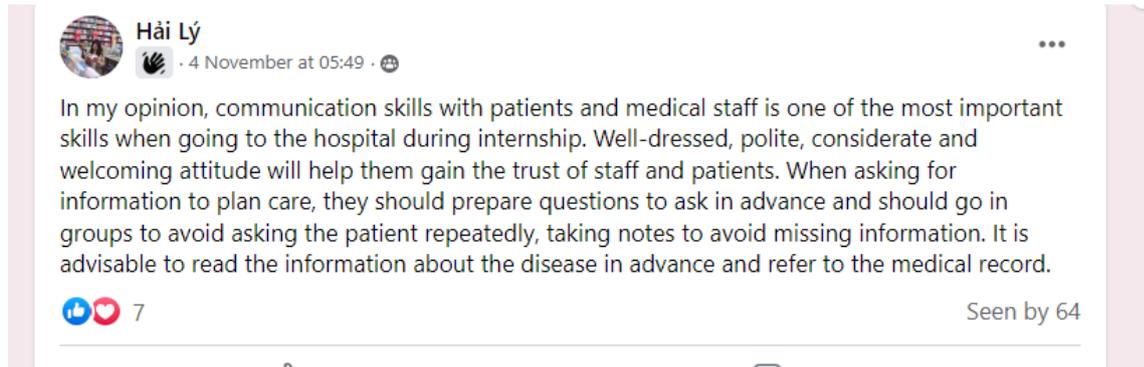


Photo 28 Print screen from SafeMa Forum

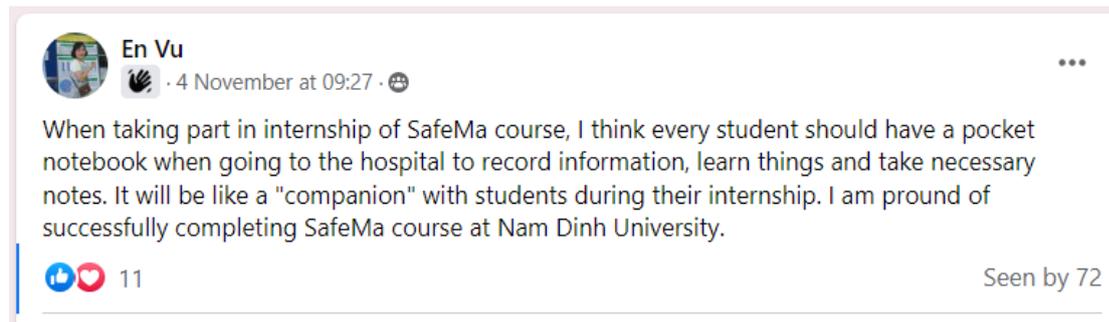
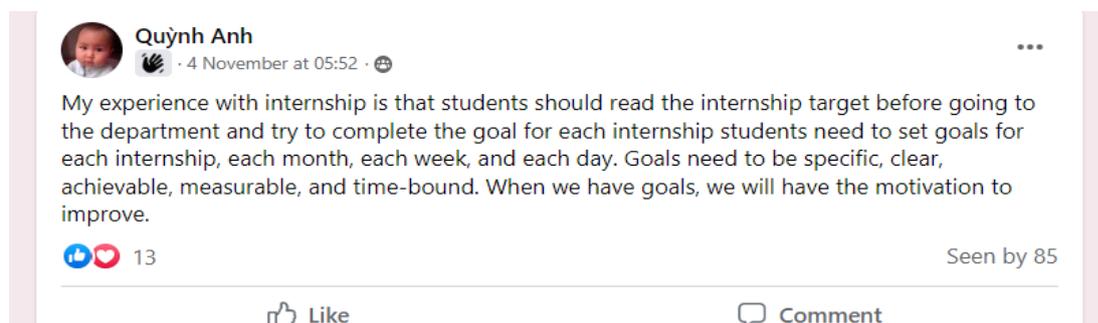


Photo 27 Print screen SafeMa Forum





7. Conclusion

Throughout its lifetime, the SafeMa Forum served as a tool for connecting people who share the same interest in midwifery and are of a background of either medicine, nursing, midwifery, maternal, reproductive, and neonatal health, women's rights, development studies. Thus, it contributed to the fostering of the SafeMa SafeMa Network of Excellence by creating a community of people who interacted with each other actively online.

Different participants contributed to keeping the SafeMa Forum an active space for spreading knowledge and sharing news about midwifery at an international level. In this context, SafeMa Forum can be considered as a successful tool for connecting people of different backgrounds.

The SafeMa consortium aspires that this Forum continues to bring together people who share the same passion for midwifery and that it broadens.